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How AI Predicts Blood Sugar Spikes Before They Happen (https://video-md.com/how-ai-predicts-blood-sugar-spikes-ai-diabetes-monitoring/)

March 26, 2026 No Comments

The importance of conventional checkups for glucose is not enough to manage diabetes. Artificial intelligence (AI) is changing the current approach of managing diabetes today by preempting blood sugar spikes.

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(https://video-md.com/remote-patient-monitoring-diabetes/)

What Is Remote Patient Monitoring (RPM) for Diabetes? (https://video-md.com/remote-patient-monitoring-diabetes/)

March 26, 2026 No Comments

Remote Patient Monitoring (RPM) is changing how diabetes is managed, as it enables healthcare providers to monitor blood sugar and other health information without frequent clinic visits.

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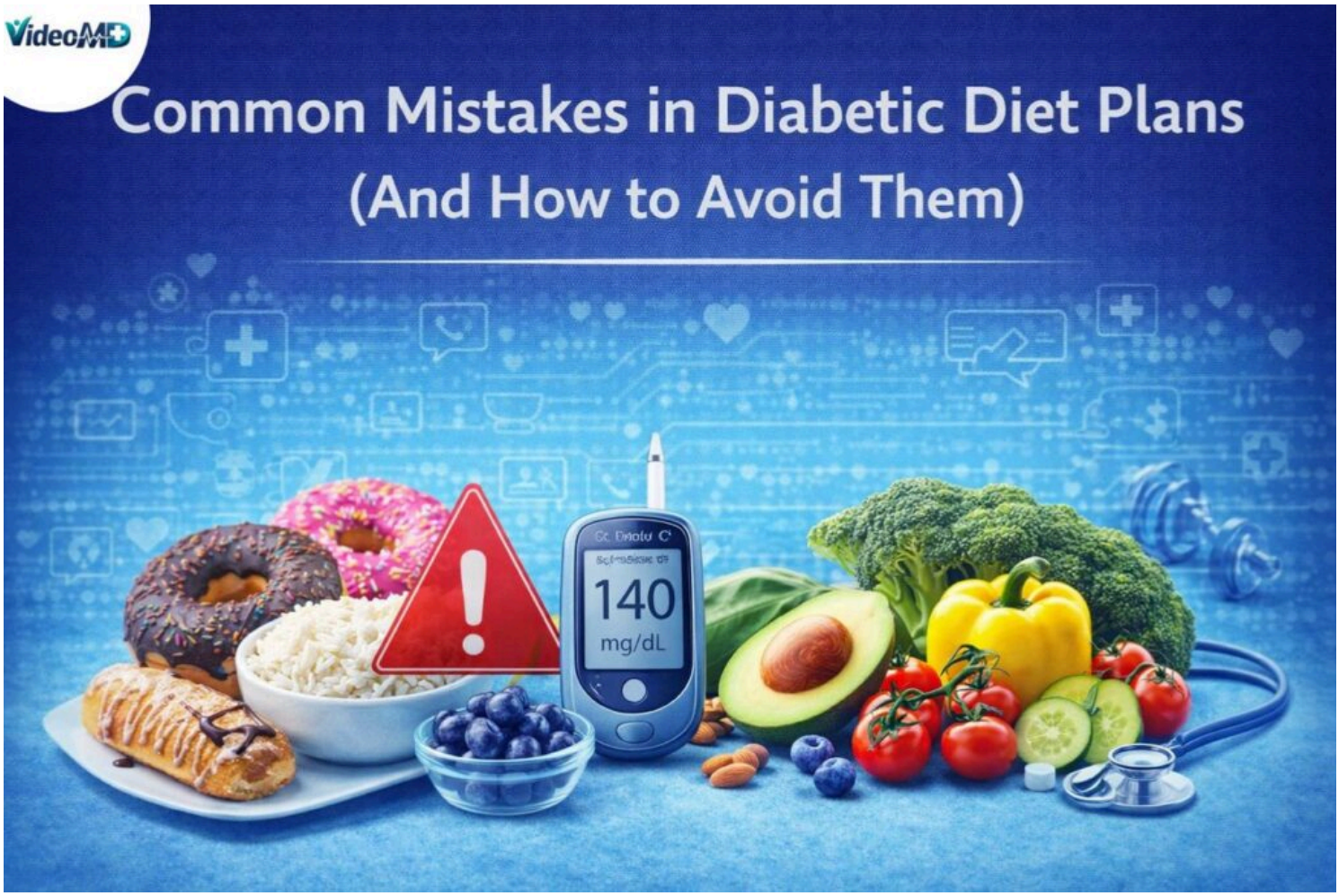

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Common Mistakes in Diabetic Diet Plans & How to Avoid Them (https://video-md.com/avoid-common-mistakes-in-diabetes-diet-plans/)

March 20, 2026 No Comments

Managing diabetes through diet is one of the most effective ways to maintain stable blood sugar levels. However, many people unknowingly make mistakes in their daily eating habits that can lead to fluctuations in glucose levels.

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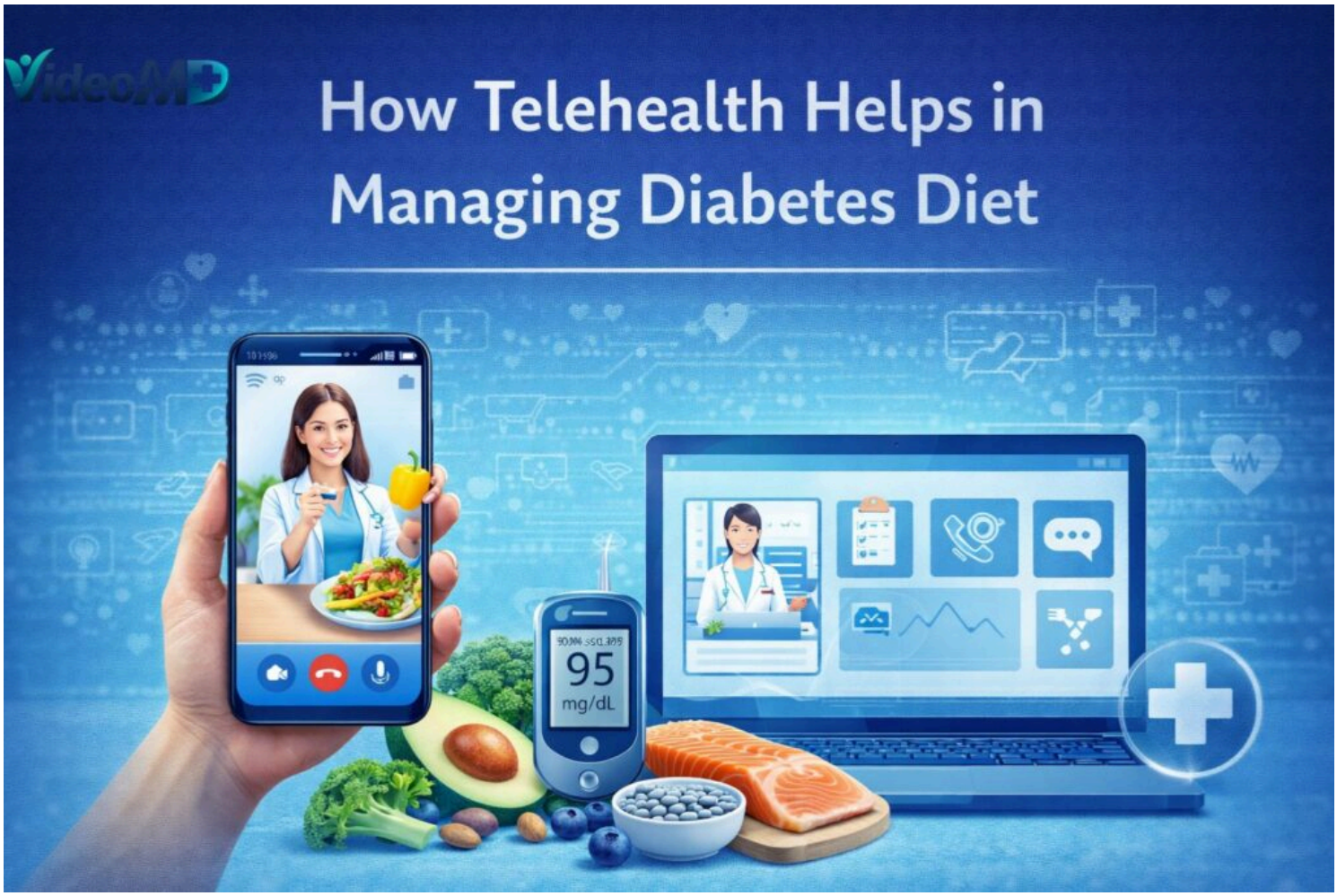

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How Telehealth Helps in Managing Diabetes Diet (https://video-md.com/how-telehealth-helps-in-managing-diabetes-diet/)

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The diet management of diabetes needs consistency, monitoring, and professional advice. Nevertheless, going to clinics frequently may be time-consuming and inconvenient.

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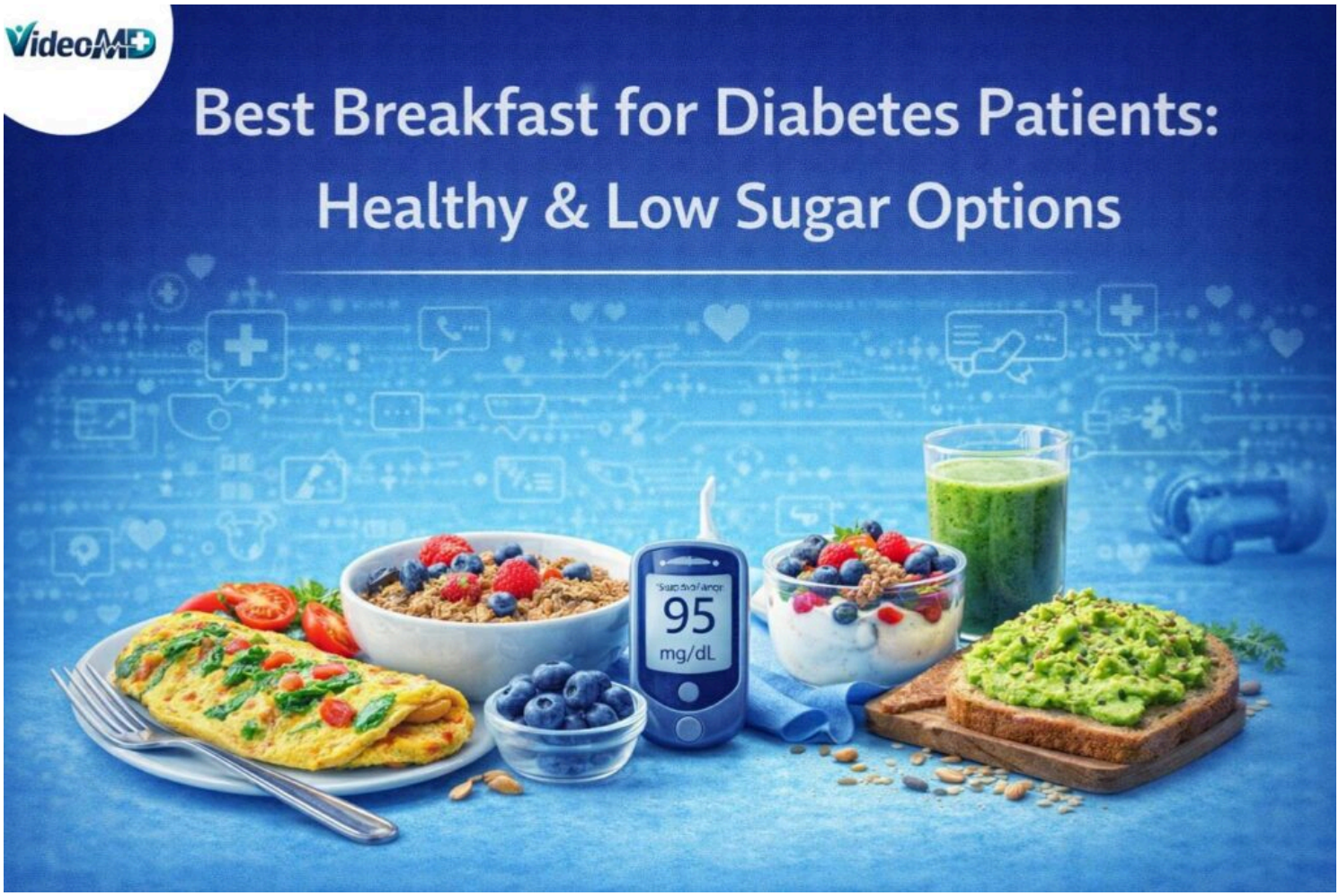

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Best Breakfast for Diabetes Patients: Healthy & Low-Sugar Options (https://video-md.com/best-breakfast-for-diabetes-patients-healthy-low-sugar-options/)

March 20, 2026 No Comments

A healthy breakfast is a must for managing diabetes and the best way to start your day. A balanced breakfast meal is known to stabilize blood sugar levels and enhance energy, as well as decrease cravings during the day.

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Nowadays balancing work responsibilities, family commitments, and personal health can be challenging for the professionals. Scheduling a traditional hospital or clinic

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